



Boyle Heights Karate-Do

Dear Sensei, Coach, and Athlete:

On behalf of Boyle Heights Karate-Do, I would like to invite you to participate in the 25th annual Hollenbeck Invitation Karate Tournament. The purpose of this tournament is to promote karate through competition and to establish closer working relationship among the different styles. Every contestant will benefit from this tournament because karate competition offers excitement as well as personal growth at every level. This year we have moved venues to Mt. San Antonio College and will be starting at 9:30am, we will start with all weapons divisions, then the adult black belts, each kata division will be followed by that corresponding kumite division. Kata will be judged using the new WKF system. In 15-17 female & male advanced kata divisions and 18-34 female & male advanced kata divisions will be awarded cash prizes and a free gi, curtesy of Budomart (divisions must have a minimum of 6 competitors). Before hand, I would like to thank you for your support and hope that you find this tournament to be a great experience. Medals will be awarded to the first, second, and third place winners in: kata, kumite, and kubudo. We look forward to seeing you and your students on October 15, 2023. You can submit your applications using the instructions on our website www.boyleheightskaratedo.com. Should you need further information, please contact me at (626)-253-8061, emares@msn.com, or contact us via our website.

Sensei Enrique Mares
Tournament Director
Boyle Heights Karate-do

2023 HOLLENBECK INVITATIONAL KARATE CHAMPIONSHIP

TOURNAMENT REGISTRATION FORM

Competition starts at 9:30 a.m.

DATE **Sunday, October 15, 2023**
 LOCATION **Mt. San Antonio College - 1100 N. Grand Ave., Walnut, CA 91789**
 RULES WKF Rules, Modified
 ADMISSION \$ 7.00 Adults \$ 5.00 Children Under 12 Children 5 & Under Free

Mail Form & Payment To
 Enrique Mares
 16303 Doublegrove Street
 La Puente, CA 91744
 (626) 253-8061
 emares@msn.com

PRE - REGISTRATION

Deadline Oct. 14, 2023
 One Event \$60
 Two Events \$70
 Three Events \$80
 Four Events \$90

AT THE DOOR
 (Kata & Kumite Only, No Kobudo)

One Event \$70
 Two Events \$80
 Three Events \$90

Pre-Registered Only Family Discount _____

Regular \$5 off \$10 off \$15 off
 First Second Third Fourth or more

NO REFUNDS

Please make all checks payable to: **Enrique Mares**

TOTAL AMOUNT DUE _____

Name _____ Phone _____

Address _____ E-mail _____

City _____ State _____ Zip Code _____

Age

17 & Under -- Birth Date Required (mm/dd/yy) _____

18 & Over

Skill Level

Beginner

Novice

Intermediate

Advanced

Gender

Male

Female

Divisions

Kata Event # _____

Kumite Event # _____

Kobudo must be registered by Oct. 13, 2023. Kobudo divisions compete first.

Kobudo Long # _____

Kobudo Short # _____

Instructors Name _____ Dojo Name _____

Style _____ City _____ State _____

Adult & Minor Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the 2023 Hollenbeck Invitational Karate Championship athletics/sports program, and related events and activities, the undersigned:

1. Agrees that prior to participating, they know and understand the Rules of Competition, and that they (if under 18 years of age a Parent or Guardian) will inspect the facilities and equipment to be used, and if the participant and/or Parent or Guardian, believes anything is, or may be, unsafe, they will immediately advise their coach or supervisor and the 2023 Hollenbeck Invitational Karate Championship personnel of such condition(s) and refuse to participate unless and until such condition is remedied.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. The undersigned assumes all the foregoing risks and accepts personal responsibility for the damages following such an injury, permanent disability, or death.

3. Release, waive, discharge and covenant not to sue Boyle Heights Karate Do, 2023 Hollenbeck Invitational Karate Championship, Mt. San Antonio College, its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. The undersigned shall indemnify the releases and hold them harmless for any losses, liability, or damages, which may result from any failure or defect of such release.

4. All entries are final, no refunds will be given. I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any and all photographs or video images taken of me in connection with the Tournament can be reproduced and used for publicity, promotion or other purpose by Boyle Heights Karate Do and Mt. San Antonio College, its licensees or assigns now or in the future, and published or broadcast by any media whatsoever, and I hereby waive any and all claim for any compensation of any kind in regard thereto. All participation in any event or class in this Tournament is by permission only. The Tournament Director or her/his authorized agent(s) reserve the right to refuse entry to any person, school, team, or club.

5. PLEASE NOTE: All athletes must be covered by their own health or medical insurance to compete.

6. Statement of Health. By my signature below, I certify and declare that I am in sound health, with valid medical or health insurance coverage in effect at this time, and there is no reason why I cannot participate in this competition.

The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

Date _____ Signature of Contestant (18 & older) _____ Signature of Parent/Guardian (17 & under) _____
 Please read entire form before signing. All information is required.

Tournament Director
Enrique Mares

**2023 Hollenbeck Invitational Karate Championship
TOURNAMENT RULES**

KATA: 1. Beginners and Novice must perform a basic kata. Beginner and Novice may repeat the same kata.
2. Intermediate and Advanced divisions are open kata but must perform a different kata in medal rounds. Adult Black belts and ages 15-17 advanced divisions compete first.

KUMITE: WKF rules with the following modifications:
1. All juniors.....1.5 minutes stop time, 8 points maximum
2. Juniors 17 and underHead contact must be penalized
3. Juniors 15-17 advanced and Adults 18-34 advanced**Competes First**
4. Adults (except WKF Div).....3 minutes stop time, 8 point ceiling
5. Adult advancedWKF Rules

KOBUDO: All weapons will be subject to inspection by judges before competition. Modified weapons or weapons that do not meet tournament criteria may not be used in competition. 6ft Bo must weigh at least 900 grams. Weapons must remain in the competitor's hands at all times. Loss of control will result in disqualification. Definitions-Long (Bo or Eku) Short (Sai or Tonfa)

<u>Junior Categories</u>	<u>Level</u>	<u>Kata</u>	<u>Kumite</u>	<u>Adult Categories</u>	<u>Level</u>	<u>Kata</u>	<u>Kumite</u>	
Juniors Ages 6-8 Girls	Beg	1	2	Adult Women Ages 18+	Beg	75	76	
	Nov	3	4		Nov	77	78	
Juniors Ages 6-8 Boys	Beg	5	6	Adult Men Ages 18+	Int	79	80	
	Nov	7	8		Adv	81	82	
	Int/Adv	9	10		Beg	83	84	
Juniors Ages 9-10 Girls	Beg	11	12	Adult Women Ages 35+	Nov	85	86	
	Nov	13	14		Int	87	88	
	Int	15	16		Adv	89	90	
	Adv	17	18		Beg/Nov	91	92	
Juniors 9-10 Boys	Beg	19	20	Adult Men Ages 35+	Int	93	94	
	Nov	21	22		Adv	95	96	
	Int	23	24		Beg/Nov	97	98	
	Adv	25	26		Int	99	100	
Girls Ages 11-12	Beg	27	28	Kobudo Categories	Kids Ages 9 & under	Long	Short	
	Nov	29	30					
	Int	31	32			Beg/Nov	103	117
	Adv	33	34			Int/Adv	104	118
Boys Ages 11-12	Beg	35	36	Kids Ages 10-12	Beg/Nov	105	119	
	Nov	37	38		Int/Adv	106	120	
	Int	39	40		Beg/Nov	107	121	
	Adv	41	42		Int/Adv	108	122	
Girls Ages 13-14	Beg	43	44	Mixed Ages 13-17	Beg/Nov	109	123	
	Nov	45	46		Int/Adv	110	124	
	Int	47	48		Beg/Nov	111	125	
	Adv	49	50		Int/Adv	112	126	
Boys Ages 13-14	Beg	51	52	Adult Women 18+	Beg/Nov	113	127	
	Nov	53	54		Int/Adv	114	128	
	Int	55	56		Beg/Nov	115	129	
	Adv	57	58		Int/Adv	116	130	
Girls Ages 15-17	Beg	59	60	Adult Men 18+	Beg/Nov	117	131	
	Nov	61	62		Int/Adv	118	132	
	Int	63	64		Beg/Nov	119	133	
	Adv	65	66		Int/Adv	120	134	
Boys Ages 15-17	Beg	67	68	Adult Women 35+	Beg/Nov	121	135	
	Nov	69	70		Int/Adv	122	136	
	Int	71	72		Beg/Nov	123	137	
	Adv	73	74		Int/Adv	124	138	

<u>Parakarate</u>	<u>Level</u>		
Kobudo	All		131
Juniors	All	Basics	132
Juniors	All	Kata	133
Adult 18 & Over	All	Basics	134
Adult 18 & Over	All	Kata	135

<u>Kata, Kumite, Kobudo Skill Level Categories</u>	
Beginner (Beg)	Under 1 year of training
Novice (Nov)	1-2 years of training
Intermediate (Int)	2-3 years of training (or brown belts with less than 3 years)
Advanced (Adv)	3 or more years of training or Black Belts