BOYLE HEIGHTS KARATE-DO
16303 Doublegrove Street
Valinda, CA 91744
P: (626) 253-8061

Dear Sensei, Coach, and Athlete,

On behalf of Boyle Heights Karate-Do, I would like to invite you to participate in the 28th annual Hollenbeck Invitational Karate Tournament. The purpose of this tournament is to promote karate through competition and to establish closer working relationships among the different styles. Every contestant will benefit from this tournament because karate competition offers excitement as well as personal growth at every level. This year we have moved venues to South Hills High School in the city of West Covina and we will be starting our tournament at 9:00 a.m. We will start with all weapons divisions, then the adult black belts, each kata division will be followed by the corresponding kumite division. Kata will be judged using the WFK system. In 15-17 female and male advanced kata divisions and 18-34 female and male kata divisions will be awarded cash prizes. (Divisions must have a minimum of 6 competitors).

Before hand, I would like to thank you for your support and hope that you find this tournament to be a great experience. Medals will be awarded to the first, second, and third place winners in kata, kumite, and weapons. We look forward to seeing you and your students on October 25, 2026. You can submit your applications using the instructions on our website www.boyleheightskaratedo.com

Should you need further information, please contact me at (626) 253-8061 or via email at emares@msn.com

Thank you,
Sensei Enrique Mares
Tournament Director

2026 HOLLENBECK INVITATIONAL TOURNAMENT

TOURNAMENT REGISTRATION FORM

Competition starts at 9:30 a.m.

DATE **Sunday,October 25, 2026**

LOCATION **South Hills High School – 645 Barranca St, West Covina, 91791**

RULES WKF Rules, Modified

ADMISSION $ 12.00 Adults $ 6.00 Children Under 12 Children 5 & Under Free

Mail Form & Payment To
Enrique Mares
16303 Doublegrove Street
La Puente, CA 91744

(626) 253-8061
emares@msn.com

PRE - REGISTRATION
Deadline Oct. 23, 2026
One Event $70
Two Events $80
Three Events $90

AT THE DOOR
(Kata & Kumite Only, No Kobudo)
One Event $80
Two Events $90

Pre-Registered Only Family Discount _____

Regular ☐ $5 off ☐ First ☐ $10 off ☐ Second ☐ $15 off ☐ Third ☐ Fourth or more

NO REFUNDS

Please make all checks payable to: **Enrique Mares**

TOTAL AMOUNT DUE _____

Name _____ Phone _____

Address _____ E-mail _____

City _____ State _____ Zip Code _____

Age
☐ 17 & Under -- Birth Date Required (mm/dd/yy) _____
☐ 18 & Over

Gender
☐ Male
☐ Female

Skill Level
☐ Beginner
☐ Novice
☐ Intermediate
☐ Advanced

Divisions
Kata Event # _____
Kumite Event # _____

Kobudo must be registered by October 23, 2026. Kobudo divisions compete first.
Kobudo Long # _____
Kobudo Short # _____

Instructors Name _____ Dojo Name _____

Style _____ City _____ State _____

Adult & Minor Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in the 2025 Hollenbeck Invitational Karate Championship athletics/sports program, and related events and activities, the undersigned:

1. Agrees that prior to participating, they know and understand the Rules of Competition, and that they (if under 18 years of age a Parent or Guardian) will inspect the facilities and equipment to be used, and if the participant and/or Parent or Guardian, believes anything is, or may be, unsafe, they will immediately advise their coach or supervisor and the 2026 Hollenbeck Invitational Karate Championship personnel of such condition(s) and refuse to participate unless and until such condition is remedied.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. The undersigned assumes all the foregoing risks and accepts personal responsibility for the damages following such an injury, permanent disability, or death.

3. Release, waive, discharge and covenant not to sue Boyle Heights Karate Do, 2026 Hollenbeck Invitational Karate Championship, Covina Unified School District, its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors , advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. The undersigned shall indemnify the releases and hold them harmless for any losses, liability, or damages, which may result from any failure or defect of such release.

4. All entries are final, no refunds will be given. I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any and all photographs or video images taken of me in connection with the Tournament can be reproduced and used for publicity, promotion or other purpose by Boyle Heights Karate Do and Covina Unified School District, its licensees or assigns now or in the future, and published or broadcast by any media whatsoever, and I hereby waive any and all claim for any compensation of any kind in regard thereto. All participation in any event or class in this Tournament is by permission only. The Tournament Director or her/his authorized agent(s) reserve the right to refuse entry to any person, school, team, or club.

5. **PLEASE NOTE: <u>All athletes must be covered by their own health or medical insurance to compete.</u>**

6. **Statement of Health.** By my signature below, I certify and declare that I am in sound health, with valid medical or health insurance coverage in effect at this time, and there is no reason why I cannot participate in this competition.

The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

Date_____ _____ _____

Signature of Contestant (18 & older) **Signature of Parent/Guardian (17 & under)**

Please read entire form before signing. All Information is required.

Tournament Director

Enrique Mares

2026 Hollenbeck Invitational Karate Championship
TOURNAMENT RULES

KATA: 1. Beginners and Novice must perform a basic kata. Beginner and Novice may repeat the same kata.

2. Intermediate and Advanced divisions are open kata but must perform a different kata in medal rounds. Adult Black belts and ages 15-17 advanced divisions compete first.

KUMITE: WKF rules with the following modifications:

1. All juniors…….1.5 minutes stop time, 8 points maximum
2. Juniors 17 and under ……Head contact must be penalized
3. Juniors 15-17 advanced and Adults 18-34 advanced …….**Competes First**
4. Adults (except WKF Div)……3 minutes stop time, 8 point ceiling
5. Adult advanced ……..……WKF Rules
6. Chest protector and head gear are optional

KOBUDO: All weapons will be subject to inspection by judges before competition. Modified weapons or weapons that do not meet tournament criteria may not be used in competition. 6ft Bo must weigh at least 900 grams. Weapons must remain in the competitor's hands at all times. Loss of control will result in disqualification. Definitions-Long (Bo or Eku) Short (Sai or Tonfa)

Junior Categories	Level	Kata	Kumite
Juniors Ages 6-8 Girls	Beg	1	2
	Nov	3	4
Juniors Ages 6-8 Boys	Beg	5	6
	Nov	7	8
	Int/Adv	9	10
Juniors Ages 9-10 Girls	Beg	11	12
	Nov	13	14
	Int	15	16
	Adv	17	18
Juniors 9-10 Boys	Beg	19	20
	Nov	21	22
	Int	23	24
	Adv	25	26
Girls Ages 11-12	Beg	27	28
	Nov	29	30
	Int	31	32
	Adv	33	34
Boys Ages 11-12	Beg	35	36
	Nov	37	38
	Int	39	40
	Adv	41	42
Girls Ages 13-14	Beg	43	44
	Nov	45	46
	Int	47	48
	Adv	49	50
Boys Ages 13-14	Beg	51	52
	Nov	53	54
	Int	55	56
	Adv	57	58
Girls Ages 15-17	Beg	59	60
	Nov	61	62
	Int	63	64
	Adv	65	66
Boys Ages 15-17	Beg	67	68
	Nov	69	70
	Int	71	72
	Adv	73	74

Parakarate	Level		
Kobudo	All		131
Juniors	All	Basics	132
Juniors	All	Kata	133
Adult 18 & Over	All	Basics	134
Adult 18 & Over	All	Kata	135

Adult Categories	Level	Kata	Kumite
Adult Women Ages 18+	Beg	75	76
	Nov	77	78
	Int	79	80
	Adv	81	82
Adult Men Ages 18+	Beg	83	84
	Nov	85	86
	Int	87	88
	Adv	89	90
Adult Women Ages 35+	Beg/Nov	91	92
	Int	93	94
	Adv	95	96
Adult Men Ages 35+	Beg/Nov	97	98
	Int	99	100
	Adv	101	102

Kobudo Categories	Level	Long	Short
Kids Ages 9 & under	Beg/Nov	103	117
	Int/Adv	104	118
Kids Ages 10-12	Beg/Nov	105	119
	Int/Adv	106	120
Mixed Ages 13-17	Beg/Nov	107	121
	Int/Adv	108	122
Adult Women 18+	Beg/Nov	109	123
	Int/Adv	110	124
Adult Men 18+	Beg/Nov	111	125
	Int/Adv	112	126
Adult Women 35+	Beg/Nov	113	127
	Int/Adv	114	128
Adult Men 35+	Beg/Nov	115	129
	Int/Adv	116	130

Kata, Kumite, Kobudo Skill Level Categories

Beginner (Beg)	Under 1 year of training
Novice (Nov)	1-2 years of training
Intermediate (Int)	2-3 years of training (or brown belts with less than 3 years)
Advanced (Adv)	3 or more years of training or Black Belts